PHYH gene
phytanoyl-CoA 2-hydroxylase

Normal Function

The PHYH gene provides instructions for making an enzyme called phytanoyl-CoA hydroxylase. This enzyme is critical for the normal function of cell structures called peroxisomes. These sac-like compartments contain enzymes needed to break down many different substances, including fatty acids and certain toxic compounds.

One substance that is broken down in peroxisomes is phytanic acid, a type of fatty acid obtained from the diet (particularly from beef and dairy products). Phytanoyl-CoA hydroxylase is responsible for one of the first steps in breaking down phytanic acid as part of a process known as alpha-oxidation. In subsequent steps, additional enzymes in peroxisomes and other parts of the cell further process this compound into smaller molecules that the body can use for energy.

Researchers suspect that phytanoyl-CoA hydroxylase may have other functions in addition to its role in breaking down phytanic acid. For example, this enzyme appears to help determine the number of peroxisomes within cells and is involved in regulating their activity.

Health Conditions Related to Genetic Changes

Refsum disease

Mutations in the PHYH gene have been found to cause more than 90 percent of all cases of Refsum disease. About 30 mutations in this gene have been identified. These mutations alter the structure or production of phytanoyl-CoA hydroxylase, which reduces the enzyme's activity. A shortage of this enzyme disrupts the breakdown of phytanic acid in peroxisomes. As a result, phytanic acid and related compounds build up in the body's tissues. The accumulation of phytanic acid is toxic to cells, although it is unclear how an excess of this substance affects vision and smell and causes the other specific features of Refsum disease.
**Chromosomal Location**

Cytogenetic Location: 10p13, which is the short (p) arm of chromosome 10 at position 13

Molecular Location: base pairs 13,277,796 to 13,300,130 on chromosome 10 (Homo sapiens Updated Annotation Release 109.20200228, GRCh38.p13) (NCBI)

Credit: Genome Decoration Page/NCBI

**Other Names for This Gene**

- LN1
- LNAP1
- PAHX
- PAHX_HUMAN
- PHYH1
- phytanic acid oxidase
- phytanoil-CoA alpha hydroxylase
- phytanoyl-CoA 2 oxoglutarate dioxygenase
- phytanoyl-CoA alpha-hydroxylase
- phytanoyl-CoA dioxygenase, peroxisomal

**Additional Information & Resources**

**Educational Resources**

- Basic Neurochemistry (sixth edition, 1999): Peroxisomal Disease  
  https://www.ncbi.nlm.nih.gov/books/NBK28022/
- Madame Curie Bioscience Database: The Biogenesis and Cell Biology of Peroxisomes in Human Health and Disease  
  https://www.ncbi.nlm.nih.gov/books/NBK6339/
Clinical Information from GeneReviews

- Refsum Disease
  https://www.ncbi.nlm.nih.gov/books/NBK1353

Scientific Articles on PubMed

- PubMed
  https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28PHYH%5BTIAB%5D%29+OR+%28phytanoyl-CoA+2-hydroxylase%5BTIAB%5D%29%29+OR+%28PAHX%5BTIAB%5D%29+AND+%28%28Genes%5BMH%5D%29+OR+%28Genetic+Phenomena%5BMH%5D%29%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+3600+days%22%5Bdp%5D

Catalog of Genes and Diseases from OMIM

- PHYTANOYL-CoA HYDROXYLASE
  http://omim.org/entry/602026

Research Resources

- ClinVar
  https://www.ncbi.nlm.nih.gov/clinvar?term=PHYH%5Bgene%5D

- HGNC Gene Symbol Report

- Monarch Initiative
  https://monarchinitiative.org/gene/NCBIGene:5264

- NCBI Gene

- UniProt
  https://www.uniprot.org/uniprot/O14832

Sources for This Summary

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/10767344

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/9326940

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/9221344

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• Jansen GA, Waterham HR, Wanders RJ. Molecular basis of Refsum disease: sequence variations in phytanoyl-CoA hydroxylase (PHYH) and the PTS2 receptor (PEX7). Hum Mutat. 2004 Mar;23(3):209-18. Review. 
  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/14974078

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/16186124

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/9326939

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/11555634

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/17956234

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/20301527

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/16799769

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