



Wilson disease

Wilson disease is an inherited disorder in which excessive amounts of copper accumulate in the body, particularly in the liver, brain, and eyes. The signs and symptoms of Wilson disease usually first appear between the ages of 6 and 45, but they most often begin during the teenage years. The features of this condition include a combination of liver disease and neurological and psychiatric problems.

Liver disease is typically the initial feature of Wilson disease in affected children and young adults; individuals diagnosed at an older age usually do not have symptoms of liver problems, although they may have very mild liver disease. The signs and symptoms of liver disease include yellowing of the skin or whites of the eyes (jaundice), fatigue, loss of appetite, and abdominal swelling.

Nervous system or psychiatric problems are often the initial features in individuals diagnosed in adulthood and commonly occur in young adults with Wilson disease. Signs and symptoms of these problems can include clumsiness, tremors, difficulty walking, speech problems, impaired thinking ability, depression, anxiety, and mood swings.

In many individuals with Wilson disease, copper deposits in the front surface of the eye (the cornea) form a green-to-brownish ring, called the Kayser-Fleischer ring, that surrounds the colored part of the eye. Abnormalities in eye movements, such as a restricted ability to gaze upwards, may also occur.

Frequency

Wilson disease is a rare disorder that affects approximately 1 in 30,000 individuals.

Genetic Changes

Wilson disease is caused by mutations in the *ATP7B* gene. This gene provides instructions for making a protein called copper-transporting ATPase 2, which plays a role in the transport of copper from the liver to other parts of the body. Copper is necessary for many cellular functions, but it is toxic when present in excessive amounts. The copper-transporting ATPase 2 protein is particularly important for the elimination of excess copper from the body. Mutations in the *ATP7B* gene prevent the transport protein from functioning properly. With a shortage of functional protein, excess copper is not removed from the body. As a result, copper accumulates to toxic levels that can damage tissues and organs, particularly the liver and brain.

Research indicates that a normal variation in the *PRNP* gene may modify the course of Wilson disease. The *PRNP* gene provides instructions for making prion protein, which is active in the brain and other tissues and appears to be involved in transporting copper.

Studies have focused on the effects of a *PRNP* gene variation that affects position 129 of the prion protein. At this position, people can have either the protein building block (amino acid) methionine or the amino acid valine. Among people who have mutations in the *ATP7B* gene, it appears that having methionine instead of valine at position 129 of the prion protein is associated with delayed onset of symptoms and an increased occurrence of neurological symptoms, particularly tremors. Larger studies are needed, however, before the effects of this *PRNP* gene variation on Wilson disease can be established.

Inheritance Pattern

This condition is inherited in an autosomal recessive pattern, which means both copies of the gene in each cell have mutations. The parents of an individual with an autosomal recessive condition each carry one copy of the mutated gene, but they typically do not show signs and symptoms of the condition.

Other Names for This Condition

- copper storage disease
- hepatolenticular degeneration syndrome
- WD
- Wilson's disease

Diagnosis & Management

Genetic Testing

- Genetic Testing Registry: Wilson disease
<https://www.ncbi.nlm.nih.gov/gtr/conditions/C0019202/>

Other Diagnosis and Management Resources

- GeneReview: Wilson Disease
<https://www.ncbi.nlm.nih.gov/books/NBK1512>
- MedlinePlus Encyclopedia: Wilson's disease
<https://medlineplus.gov/ency/article/000785.htm>
- National Human Genome Research Institute
<https://www.genome.gov/27532725/>

General Information from MedlinePlus

- Diagnostic Tests
<https://medlineplus.gov/diagnostictests.html>
- Drug Therapy
<https://medlineplus.gov/drugtherapy.html>

- Genetic Counseling
<https://medlineplus.gov/geneticcounseling.html>
- Palliative Care
<https://medlineplus.gov/palliativecare.html>
- Surgery and Rehabilitation
<https://medlineplus.gov/surgeryandrehabilitation.html>

Additional Information & Resources

MedlinePlus

- Encyclopedia: Wilson's disease
<https://medlineplus.gov/ency/article/000785.htm>
- Health Topic: Wilson Disease
<https://medlineplus.gov/wilsonsdisease.html>

Genetic and Rare Diseases Information Center

- Wilson disease
<https://rarediseases.info.nih.gov/diseases/7893/wilson-disease>

Additional NIH Resources

- National Institute of Diabetes and Digestive and Kidney Diseases
<https://www.niddk.nih.gov/health-information/liver-disease/wilson-disease>
- National Institute of Neurological Disorders and Stroke
<https://www.ninds.nih.gov/Disorders/All-Disorders/Wilson-Disease-Information-Page>

Educational Resources

- Disease InfoSearch: Wilson disease
<http://www.diseaseinfosearch.org/Wilson+disease/7506>
- MalaCards: wilson disease
http://www.malacards.org/card/wilson_disease
- Merck Manual Professional Version
<https://www.merckmanuals.com/professional/nutritional-disorders/mineral-deficiency-and-toxicity/wilson-disease>
- Orphanet: Wilson disease
http://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=905
- Wilson Disease Association: Kayser-Fleisher Rings
<http://www.wilsonsdisease.org/about-wilson-disease/kayser-fleischer-rings>

Patient Support and Advocacy Resources

- American Liver Foundation
<https://www.liverfoundation.org/for-patients/about-the-liver/diseases-of-the-liver/wilson-disease/>
- Canadian Liver Foundation
<https://www.liver.ca/patients-caregivers/liver-diseases/wilson-disease/>
- National Organization for Rare Disorders (NORD)
<https://rarediseases.org/rare-diseases/wilson-disease/>
- Wilson Disease Association
<http://www.wilsonsdisease.org>

GeneReviews

- Wilson Disease
<https://www.ncbi.nlm.nih.gov/books/NBK1512>

ClinicalTrials.gov

- ClinicalTrials.gov
<https://clinicaltrials.gov/ct2/results?cond=%22wilson+disease%22>

Scientific Articles on PubMed

- PubMed
<https://www.ncbi.nlm.nih.gov/pubmed?term=%28Hepatolenticular+Degeneration%5BMAJR%5D%29+AND+%28Wilson+disease%5BTIAB%5D%29+AND+english%5BIa%5D+AND+human%5Bmh%5D+AND+%22last+720+days%22%5Bdp%5D>

OMIM

- WILSON DISEASE
<http://omim.org/entry/277900>

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