Spondyloepiphyseal dysplasia congenita

Spondyloepiphyseal dysplasia congenita is an inherited bone growth disorder that results in short stature (dwarfism), skeletal abnormalities, and problems with vision and hearing. This condition affects the bones of the spine (spondylo-) and the ends (epiphyses) of long bones in the arms and legs. Congenita indicates that the condition is present from birth.

People with spondyloepiphyseal dysplasia congenita have short stature from birth, with a very short trunk and neck and shortened limbs. Their hands and feet, however, are usually average-sized. Adult height ranges from 3 feet to just over 4 feet. Abnormal curvature of the spine (kyphoscoliosis and lordosis) becomes more severe during childhood. Instability of the spinal bones (vertebrae) in the neck may increase the risk of spinal cord damage. Other skeletal features include flattened vertebrae (platyspondyly); an abnormality of the hip joint that causes the upper leg bones to turn inward (coxa vara); a foot deformity called a clubfoot; and a broad, barrel-shaped chest. Abnormal development of the chest can cause problems with breathing. Arthritis and decreased joint mobility often develop early in life.

People with spondyloepiphyseal dysplasia congenita have mild changes in their facial features. The cheekbones close to the nose may appear flattened. Some infants are born with an opening in the roof of the mouth (a cleft palate). Severe nearsightedness (high myopia) is common, as are other eye problems that can impair vision. About one quarter of people with this condition have hearing loss.

Frequency

This condition is rare; the exact incidence is unknown. More than 175 cases have been reported in the scientific literature.

Genetic Changes

Spondyloepiphyseal dysplasia congenita is one of a spectrum of skeletal disorders caused by mutations in the COL2A1 gene. This gene provides instructions for making a protein that forms type II collagen. This type of collagen is found mostly in cartilage and in the clear gel that fills the eyeball (the vitreous). The COL2A1 gene is essential for the normal development of bones and other tissues that form the body’s supportive framework (connective tissues). Mutations in the COL2A1 gene interfere with the assembly of type II collagen molecules, which prevents bones and other connective tissues from developing properly.
Inheritance Pattern

This condition is inherited in an autosomal dominant pattern, which means one copy of the altered gene in each cell is sufficient to cause the disorder.

Other Names for This Condition

- SED congenita
- SED, congenital type
- SEDc
- Spondyloepiphyseal dysplasia, congenital type

Diagnosis & Management

Genetic Testing

- Genetic Testing Registry: Spondyloepiphyseal dysplasia

Other Diagnosis and Management Resources

- MedlinePlus Encyclopedia: Clubfoot
  https://medlineplus.gov/ency/article/001228.htm
- MedlinePlus Encyclopedia: Lordosis
  https://medlineplus.gov/ency/article/003278.htm
- MedlinePlus Encyclopedia: Retinal Detachment
  https://medlineplus.gov/ency/article/001027.htm
- MedlinePlus Encyclopedia: Scoliosis
  https://medlineplus.gov/ency/article/001241.htm

General Information from MedlinePlus

- Diagnostic Tests
  https://medlineplus.gov/diagnostictests.html
- Drug Therapy
  https://medlineplus.gov/drugtherapy.html
- Genetic Counseling
  https://medlineplus.gov/geneticcounseling.html
- Palliative Care
  https://medlineplus.gov/palliativecare.html
- Surgery and Rehabilitation
  https://medlineplus.gov/surgeryandrehabilitation.html
**Additional Information & Resources**

**MedlinePlus**
- Encyclopedia: Clubfoot
  https://medlineplus.gov/ency/article/001228.htm
- Encyclopedia: Lordosis
  https://medlineplus.gov/ency/article/003278.htm
- Encyclopedia: Retinal Detachment
  https://medlineplus.gov/ency/article/001027.htm
- Encyclopedia: Scoliosis
  https://medlineplus.gov/ency/article/001241.htm
- Health Topic: Bone Diseases
  https://medlineplus.gov/bonediseases.html
- Health Topic: Connective Tissue Disorders
  https://medlineplus.gov/connectivetissuedisorders.html
- Health Topic: Dwarfism
  https://medlineplus.gov/dwarfism.html

**Genetic and Rare Diseases Information Center**
- Spondyloepiphyseal dysplasia congenita
  https://rarediseases.info.nih.gov/diseases/4987/spondyloepiphyseal-dysplasia-congenita

**Additional NIH Resources**
- National Institute of Arthritis and Musculoskeletal and Skin Diseases: Heritable Disorders of Connective Tissue
  https://www.niams.nih.gov/health-topics/heritable-disorders-connective-tissue

**Educational Resources**
- Disease InfoSearch: Spondyloepiphyseal dysplasia congenita
  http://www.diseaseinfosearch.org/Spondyloepiphyseal+dysplasia+congenita/6821
- Johns Hopkins Medicine
  https://www.hopkinsmedicine.org/healthlibrary/conditions/adult/orthopaedic_disorders/spondyloepiphyseal_dysplasia_congenita_2,spondyloepiphysealdysplasiacongenita
- KidsHealth from the Nemours Foundation
- MalaCards: spondyloepiphyseal dysplasia congenita
  http://www.malacards.org/card/spondyloepiphyseal_dysplasia_congenita
• Nemours Children's Health System
  https://www.nemours.org/services/skeletal-dysplasia/spondyloepiphyseal.html?tab=about

• Orphanet: Spondyloepiphyseal dysplasia congenita
  https://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=94068

• Swedish Information Center for Rare Diseases
  http://www.socialstyrelsen.se/rarediseases/congenitalspondyloepiphyseal dysplasia

Patient Support and Advocacy Resources
• American Cleft Palate-Craniofacial Association
  https://www.cleftline.org

• Human Growth Foundation
  http://hgfoundation.org/

• International Skeletal Dysplasia Registry, UCLA
  http://ortho.ucla.edu/isdr

• Little People of America
  http://www.lpaonline.org

• Little People UK
  http://littlepeopleuk.org/

• National Organization for Rare Disorders (NORD)
  https://rarediseases.org/rare-diseases/spondyloepiphyseal-dysplasia-congenital/

• Resource List from the University of Kansas Medical Center
  http://www.kumc.edu/gec/support/dwarfism.html

• The MAGIC Foundation
  https://www.magicfoundation.org/

ClinicalTrials.gov
• ClinicalTrials.gov
  https://clinicaltrials.gov/ct2/results?cond=%22spondyloepiphyseal+dysplasia+congenital%22

Scientific Articles on PubMed
• PubMed
  https://www.ncbi.nlm.nih.gov/pubmed?term=%28Osteochondrodysplasias%5B MAJR%5D%29+AND+%28spondyloepiphyseal+dysplasia+congenital%5B5BTIAB%5D%29+OR+%28sedc%5B5BTIAB%5D%29+OR+%28sed+congenita%5B5BITI AB%5D%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+3600+days%22%5Bdp%5D