



Pfeiffer syndrome

Pfeiffer syndrome is a genetic disorder characterized by the premature fusion of certain skull bones (craniosynostosis). This early fusion prevents the skull from growing normally and affects the shape of the head and face. Pfeiffer syndrome also affects bones in the hands and feet.

Many of the characteristic facial features of Pfeiffer syndrome result from premature fusion of the skull bones. Abnormal growth of these bones leads to bulging and wide-set eyes, a high forehead, an underdeveloped upper jaw, and a beaked nose. More than half of all children with Pfeiffer syndrome have hearing loss; dental problems are also common.

In people with Pfeiffer syndrome, the thumbs and first (big) toes are wide and bend away from the other digits. Unusually short fingers and toes (brachydactyly) are also common, and there may be some webbing or fusion between the digits (syndactyly).

Pfeiffer syndrome is divided into three subtypes. Type 1, also known as classic Pfeiffer syndrome, has symptoms as described above. Most individuals with type 1 Pfeiffer syndrome have normal intelligence and a normal life span. Types 2 and 3 are more severe forms of Pfeiffer syndrome that often involve problems with the nervous system. The premature fusion of skull bones can limit brain growth, leading to delayed development and other neurological problems. In addition, individuals with type 2 or 3 can have fusion of the bones (ankylosis) in the elbow or other joints, limiting mobility, and abnormalities of the face and airways, which can cause life-threatening breathing problems. Type 2 is distinguished from type 3 by the presence of a cloverleaf-shaped head, which is caused by more extensive fusion of bones in the skull.

Frequency

Pfeiffer syndrome affects about 1 in 100,000 individuals.

Genetic Changes

Pfeiffer syndrome is most commonly caused by mutations in the *FGFR2* gene. Mutations in the *FGFR1* gene cause a small percentage of cases of type 1 Pfeiffer syndrome. Mutations in this gene have not been associated with type 2 or 3.

The *FGFR1* and *FGFR2* genes provide instructions for making proteins known as fibroblast growth factor receptors 1 and 2, respectively. Among their multiple functions, these proteins signal immature cells to become bone cells during embryonic development. A mutation in either the *FGFR1* or *FGFR2* gene alters the function of the respective protein, causing prolonged signaling, which can promote the premature fusion of skull bones and affect the development of bones in the hands and feet.

Inheritance Pattern

This condition is inherited in an autosomal dominant pattern, which means one copy of the altered gene in each cell is sufficient to cause the disorder.

Other Names for This Condition

- acrocephalosyndactyly, type V
- ACS V
- ACS5
- craniofacial-skeletal-dermatologic dysplasia
- Noack syndrome

Diagnosis & Management

Genetic Testing

- Genetic Testing Registry: Pfeiffer syndrome
<https://www.ncbi.nlm.nih.gov/gtr/conditions/C1863356/>

Other Diagnosis and Management Resources

- GeneReview: FGFR-Related Craniosynostosis Syndromes
<https://www.ncbi.nlm.nih.gov/books/NBK1455>
- MedlinePlus Encyclopedia: Craniosynostosis
<https://medlineplus.gov/ency/article/001590.htm>
- MedlinePlus Encyclopedia: Webbing of fingers or toes
<https://medlineplus.gov/ency/article/003289.htm>

General Information from MedlinePlus

- Diagnostic Tests
<https://medlineplus.gov/diagnostictests.html>
- Drug Therapy
<https://medlineplus.gov/drugtherapy.html>
- Genetic Counseling
<https://medlineplus.gov/geneticcounseling.html>
- Palliative Care
<https://medlineplus.gov/palliativecare.html>
- Surgery and Rehabilitation
<https://medlineplus.gov/surgeryandrehabilitation.html>

Additional Information & Resources

MedlinePlus

- Encyclopedia: Craniosynostosis
<https://medlineplus.gov/ency/article/001590.htm>
- Encyclopedia: Webbing of fingers or toes
<https://medlineplus.gov/ency/article/003289.htm>
- Health Topic: Craniofacial Abnormalities
<https://medlineplus.gov/craniofacialabnormalities.html>

Genetic and Rare Diseases Information Center

- Pfeiffer syndrome
<https://rarediseases.info.nih.gov/diseases/7380/pfeiffer-syndrome>

Additional NIH Resources

- National Institute of Neurological Disorders and Stroke: Craniosynostosis Information Page
<https://www.ninds.nih.gov/Disorders/All-Disorders/Craniosynostosis-Information-Page>

Educational Resources

- Boston Children's Hospital
<http://www.childrenshospital.org/conditions-and-treatments/conditions/p/pfeiffer-syndrome>
- Cincinnati Children's Hospital Medical Center: Craniosynostosis
<https://www.cincinnatichildrens.org/health/c/craniosynostosis>
- Collaboration for Craniofacial Development and Disorders, Johns Hopkins University
https://www.hopkinsmedicine.org/neurology_neurosurgery/centers_clinics/pediatric_neurosurgery/conditions/craniosynostosis/
- Disease InfoSearch: Pfeiffer syndrome
<http://www.diseaseinfosearch.org/Pfeiffer+syndrome/5702>
- MalaCards: pfeiffer syndrome
http://www.malacards.org/card/pfeiffer_syndrome
- Orphanet: Pfeiffer syndrome
http://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=710
- The Craniofacial Center, Dallas, Texas
<http://thecraniofacialcenter.com/pfeiffer.html>

Patient Support and Advocacy Resources

- AmeriFace
<http://www.ameriface.org/>
- Children's Craniofacial Association
<https://ccakids.org/>
- National Organization for Rare Disorders (NORD)
<https://rarediseases.org/rare-diseases/pfeiffer-syndrome/>
- Resource List from the University of Kansas Medical Center
<http://www.kumc.edu/gec/support/craniofa.html>

GeneReviews

- FGFR-Related Craniosynostosis Syndromes
<https://www.ncbi.nlm.nih.gov/books/NBK1455>

ClinicalTrials.gov

- ClinicalTrials.gov
<https://clinicaltrials.gov/ct2/results?cond=%22pfeiffer+syndrome%22+OR+%22craniosynostoses%22+OR+%22acrocephalosyndactylia%22>

Scientific Articles on PubMed

- PubMed
<https://www.ncbi.nlm.nih.gov/pubmed?term=%28pfeiffer+syndrome%5BTIAB%5D%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+1800+days%22%5Bdp%5D>

OMIM

- PFEIFFER SYNDROME
<http://omim.org/entry/101600>

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