Mucopolysaccharidosis type IV

Mucopolysaccharidosis type IV (MPS IV), also known as Morquio syndrome, is a progressive condition that mainly affects the skeleton. The rate at which symptoms worsen varies among affected individuals.

The first signs and symptoms of MPS IV usually become apparent during early childhood. Affected individuals develop various skeletal abnormalities, including short stature, knock knees, and abnormalities of the ribs, chest, spine, hips, and wrists. People with MPS IV often have joints that are loose and very flexible (hypermobile), but they may also have restricted movement in certain joints. A characteristic feature of this condition is underdevelopment (hypoplasia) of a peg-like bone in the neck called the odontoid process. The odontoid process helps stabilize the spinal bones in the neck (cervical vertebrae). Odontoid hypoplasia can lead to misalignment of the cervical vertebrae, which may compress and damage the spinal cord, resulting in paralysis or death.

In people with MPS IV, the clear covering of the eye (cornea) typically becomes cloudy, which can cause vision loss. Some affected individuals have recurrent ear infections and hearing loss. The airway may become narrow in some people with MPS IV, leading to frequent upper respiratory infections and short pauses in breathing during sleep (sleep apnea). Other common features of this condition include mildly "coarse" facial features, thin tooth enamel, multiple cavities, heart valve abnormalities, a mildly enlarged liver (hepatomegaly), and a soft out-pouching around the belly-button (umbilical hernia) or lower abdomen (inguinal hernia). Unlike some other types of mucopolysaccharidosis, MPS IV does not affect intelligence.

The life expectancy of individuals with MPS IV depends on the severity of symptoms. Severely affected individuals may survive only until late childhood or adolescence. Those with milder forms of the disorder usually live into adulthood, although their life expectancy may be reduced. Spinal cord compression and airway obstruction are major causes of death in people with MPS IV.

Frequency

The exact prevalence of MPS IV is unknown, although it is estimated to occur in 1 in 200,000 to 300,000 individuals.

Causes

Mutations in the GALNS and GLB1 genes cause MPS IV. These genes provide instructions for producing enzymes involved in the breakdown of large sugar molecules called glycosaminoglycans (GAGs). GAGs were originally called mucopolysaccharides, which is where this condition gets its name. When MPS IV is caused by mutations
in the \textit{GALNS} gene it is called MPS IV type A (MPS IVA), and when it is caused by mutations in the \textit{GLB1} gene it is called MPS IV type B (MPS IVB). In general, the two types of MPS IV cannot be distinguished by their signs and symptoms.

Mutations in the \textit{GALNS} and \textit{GLB1} genes reduce or completely eliminate the activity of the enzymes produced from these genes. Without these enzymes, GAGs accumulate within cells, specifically inside the lysosomes. Lysosomes are compartments in the cell that break down and recycle different types of molecules. Conditions such as MPS IV that cause molecules to build up inside the lysosomes are called lysosomal storage disorders. In MPS IV, GAGs accumulate to toxic levels in many tissues and organs, particularly in the bones. The accumulation of GAGs causes the bone deformities in this disorder. Researchers believe that the buildup of GAGs may also cause the features of MPS IV by interfering with the functions of other proteins inside lysosomes and disrupting the movement of molecules inside the cell.

\textbf{Inheritance Pattern}

This condition is inherited in an autosomal recessive pattern, which means both copies of the gene in each cell have mutations. The parents of an individual with an autosomal recessive condition each carry one copy of the mutated gene, but they typically do not show signs and symptoms of the condition.

\textbf{Other Names for This Condition}

- Morquio-Brailsford disease
- Morquio Disease
- Morquio Syndrome
- Morquio's Disease
- Morquio's Syndrome
- MPS IV
- mucopolysaccharidosis (MPS) IV (A, B)

\textbf{Diagnosis & Management}

\textbf{Genetic Testing Information}

- What is genetic testing? /primer/testing/genetictesting
Research Studies from ClinicalTrials.gov

- ClinicalTrials.gov
  https://clinicaltrials.gov/ct2/results?cond=%22mucopolysaccharidosis+type+IVA%22

Other Diagnosis and Management Resources

- GeneReview: Mucopolysaccharidosis Type IVA
  https://www.ncbi.nlm.nih.gov/books/NBK148668
- MedlinePlus Encyclopedia: Morquio syndrome
  https://medlineplus.gov/ency/article/001206.htm

Additional Information & Resources

Health Information from MedlinePlus

- Encyclopedia: Cloudy cornea
  https://medlineplus.gov/ency/article/003317.htm
- Encyclopedia: Hypermobile joints
  https://medlineplus.gov/ency/article/003295.htm
- Encyclopedia: Knock knees
  https://medlineplus.gov/ency/article/001263.htm
- Encyclopedia: Morquio syndrome
  https://medlineplus.gov/ency/article/001206.htm
- Encyclopedia: Mucopolysaccharides
  https://medlineplus.gov/ency/article/002263.htm
- Health Topic: Carbohydrate Metabolism Disorders
  https://medlineplus.gov/carbohydratemetabolismdisorders.html

Genetic and Rare Diseases Information Center

- Mucopolysaccharidosis type IVA
  https://rarediseases.info.nih.gov/diseases/3785/mucopolysaccharidosis-type-iva

Additional NIH Resources

- National Institute of Neurological Disorders and Stroke: Mucopolysaccharidosis Fact Sheet
  https://www.ninds.nih.gov/Disorders/All-Disorders/Mucopolysaccharidoses-Information-Page

Educational Resources

- MalaCards: mucopolysaccharidosis iv
  https://www.malacards.org/card/mucopolysaccharidosis_iv
- Orphanet: Mucopolysaccharidosis type 4
  https://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=582
Patient Support and Advocacy Resources

- Canadian MPS Society
  http://www.mpssociety.ca/
- Lysosomal Diseases New Zealand
  https://www.ldnz.org.nz/
- MorquioB.com: Dedicated to Morquio B (MPS IVB) Funding and Research
  http://www.morquiob.com/
- National MPS Society
  https://mpssociety.org/learn/diseases/mps-iv/
- National Organization for Rare Disorders (NORD)
  https://rarediseases.org/rare-diseases/morquio-syndrome/
- Resource list from the University of Kansas Medical Center:
  Mucopolysaccharidosis Syndromes
  http://www.kumc.edu/gec/support/mucopoly.html
- The MPS Society (UK)
  http://www.mpssociety.org.uk/diseases/mps-diseases/mps-iva-ivb/

Clinical Information from GeneReviews

- Mucopolysaccharidosis Type IVA
  https://www.ncbi.nlm.nih.gov/books/NBK148668

Scientific Articles on PubMed

- PubMed
  https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28mucopolysaccharidosis+type+IVA%5BTIAB%5D%29+OR+%28MPS+IVA%5BTI%5D%29+OR+%28Morquio+syndrome%5BTIAB%5D%29%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+3600+days%22%5Bdp%5D

Catalog of Genes and Diseases from OMIM

- MUCOPOLYSACCHARIDOSIS, TYPE IVA
  http://omim.org/entry/253000
- MUCOPOLYSACCHARIDOSIS, TYPE IVB
  http://omim.org/entry/253010
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  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/16941474

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  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/16837223

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  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/16287098

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