



Lysosomal acid lipase deficiency

Lysosomal acid lipase deficiency is an inherited condition characterized by problems with the breakdown and use of fats and cholesterol in the body (lipid metabolism). In affected individuals, harmful amounts of fats (lipids) accumulate in cells and tissues throughout the body, which typically causes liver disease. There are two forms of the condition. The most severe and rarest form begins in infancy. The less severe form can begin from childhood to late adulthood.

In the severe, early-onset form of lysosomal acid lipase deficiency, lipids accumulate throughout the body, particularly in the liver, within the first weeks of life. This accumulation of lipids leads to several health problems, including an enlarged liver and spleen (hepatosplenomegaly), poor weight gain, a yellow tint to the skin and the whites of the eyes (jaundice), vomiting, diarrhea, fatty stool (steatorrhea), and poor absorption of nutrients from food (malabsorption). In addition, affected infants often have calcium deposits in small hormone-producing glands on top of each kidney (adrenal glands), low amounts of iron in the blood (anemia), and developmental delay. Scar tissue quickly builds up in the liver, leading to liver disease (cirrhosis). Infants with this form of lysosomal acid lipase deficiency develop multi-organ failure and severe malnutrition and generally do not survive past 1 year.

In the later-onset form of lysosomal acid lipase deficiency, signs and symptoms vary and usually begin in mid-childhood, although they can appear anytime up to late adulthood. Nearly all affected individuals develop an enlarged liver (hepatomegaly); an enlarged spleen (splenomegaly) may also occur. About two-thirds of individuals have liver fibrosis, eventually leading to cirrhosis. Approximately one-third of individuals with the later-onset form have malabsorption, diarrhea, vomiting, and steatorrhea. Individuals with this form of lysosomal acid lipase deficiency may have increased liver enzymes and high cholesterol levels, which can be detected with blood tests.

Some people with this later-onset form of lysosomal acid lipase deficiency develop an accumulation of fatty deposits on the artery walls (atherosclerosis). Although these deposits are common in the general population, they usually begin at an earlier age in people with lysosomal acid lipase deficiency. The deposits narrow the arteries, increasing the chance of heart attack or stroke. The expected lifespan of individuals with later-onset lysosomal acid lipase deficiency depends on the severity of the associated health problems.

The two forms of lysosomal acid lipase deficiency were once thought to be separate disorders. The early-onset form was known as Wolman disease, and the later-onset form was known as cholesteryl ester storage disease. Although these two disorders have the same genetic cause and are now considered to be forms of a single condition,

these names are still sometimes used to distinguish between the forms of lysosomal acid lipase deficiency.

Frequency

Lysosomal acid lipase deficiency is estimated to occur in 1 in 40,000 to 300,000 individuals, varying by population. The later-onset form is more common than the early-onset form.

Causes

Mutations in the *LIPA* gene cause lysosomal acid lipase deficiency. The *LIPA* gene provides instructions for producing an enzyme called lysosomal acid lipase. This enzyme is found in cell compartments called lysosomes, which digest and recycle materials the cell no longer needs. The lysosomal acid lipase enzyme breaks down lipids such as cholesteryl esters and triglycerides. The lipids produced through these processes, cholesterol and fatty acids, are used by the body or transported to the liver for removal.

Mutations in the *LIPA* gene lead to a shortage (deficiency) of functional lysosomal acid lipase. The severity of the condition depends on how much working enzyme is available. Individuals with the early-onset form of lysosomal acid lipase deficiency have no normal enzyme activity. Those with the later-onset form are thought to have some enzyme activity remaining, and the amount generally determines the severity of signs and symptoms.

Decreased lysosomal acid lipase activity results in the accumulation of cholesteryl esters, triglycerides, and other lipids within lysosomes, causing fat buildup in multiple tissues. The body's inability to produce cholesterol from the breakdown of these lipids leads to an increase in alternative methods of cholesterol production and higher-than-normal levels of cholesterol in the blood. The excess lipids are transported to the liver for removal. Because many of them are not broken down properly, they cannot be removed from the body; instead they accumulate in the liver, resulting in liver disease. The progressive accumulation of lipids in tissues results in organ dysfunction and the signs and symptoms of lysosomal acid lipase deficiency.

Inheritance Pattern

This condition is inherited in an autosomal recessive pattern, which means both copies of the gene in each cell have mutations. The parents of an individual with an autosomal recessive condition each carry one copy of the mutated gene, but they typically do not show signs and symptoms of the condition.

Other Names for This Condition

- acid esterase deficiency
- acid lipase deficiency

- familial visceral xanthomatosis
- familial xanthomatosis
- LAL deficiency
- LIPA deficiency
- primary familial xanthomatosis
- primary familial xanthomatosis with adrenal calcification

Diagnosis & Management

Genetic Testing Information

- What is genetic testing?
[/primer/testing/genetic-testing](#)
- Genetic Testing Registry: Lysosomal acid lipase deficiency
<https://www.ncbi.nlm.nih.gov/gtr/conditions/C0043208/>

Research Studies from ClinicalTrials.gov

- ClinicalTrials.gov
<https://clinicaltrials.gov/ct2/results?cond=%22lysosomal+acid+lipase+deficiency%22+OR+%22Cholesterol+Ester+Storage+Disease%22+OR+%22Wolman+Disease%22>

Other Diagnosis and Management Resources

- GeneReview: Lysosomal Acid Lipase Deficiency
<https://www.ncbi.nlm.nih.gov/books/NBK305870>
- National Organization for Rare Disorders (NORD) Physician Guide
<https://rarediseases.org/physician-guide/lipoprotein-lipase-deficiency-lpld/>

Additional Information & Resources

Health Information from MedlinePlus

- Health Topic: Cirrhosis
<https://medlineplus.gov/cirrhosis.html>
- Health Topic: Lipid Metabolism Disorders
<https://medlineplus.gov/lipidmetabolismdisorders.html>

Genetic and Rare Diseases Information Center

- Lysosomal acid lipase deficiency
<https://rarediseases.info.nih.gov/diseases/12097/lysosomal-acid-lipase-deficiency>

Additional NIH Resources

- National Institute of Neurological Disorders and Stroke: Acid Lipase Disease Information Page
<https://www.ninds.nih.gov/Disorders/All-Disorders/Acid-Lipase-Disease-Information-Page>
- National Institute of Neurological Disorders and Stroke: Lipid Storage Diseases Fact Sheet
<https://www.ninds.nih.gov/Disorders/All-Disorders/Lipid-storage-diseases-Information-Page>

Educational Resources

- Cambridge University Hospitals (UK)
<https://www.cuh.nhs.uk/addenbrookes-hospital/services/lysosomal-disorders/disorders/lysosomal-acid-lipase-deficiency-cholesterol-ester-storage-disease>
- Heart UK
<https://www.heartuk.org.uk/genetic-conditions/rarer-genetic-conditions>
- MalaCards: lysosomal acid lipase deficiency
https://www.malacards.org/card/lysosomal_acid_lipase_deficiency
- Orphanet: Lysosomal acid lipase deficiency
https://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=275761

Patient Support and Advocacy Resources

- American Liver Foundation
<https://liverfoundation.org/for-patients/about-the-liver/diseases-of-the-liver/lysosomal-acid-lipase-deficiency/>
- Canadian Liver Foundation
<https://www.liver.ca/patients-caregivers/liver-diseases/lysosomal-acid-lipase-deficiency-lald/>
- Children's Liver Disease Foundation
<https://childliverdisease.org/>
- MPS Society
<http://www.mpssociety.org.uk/diseases/related-diseases/lysosomal-acid-lipase-deficiency/>

Clinical Information from GeneReviews

- Lysosomal Acid Lipase Deficiency
<https://www.ncbi.nlm.nih.gov/books/NBK305870>

Scientific Articles on PubMed

- PubMed
<https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28lysosomal+acid+lipase+deficiency%5BTIAB%5D%29+OR+%28cholesteryl+ester+storage+disease%5BTI%5D%29+OR+%28Wolman+disease%5BTI%5D%29%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+3600+days%22%5Bdp%5D>

Catalog of Genes and Diseases from OMIM

- LYSOSOMAL ACID LIPASE DEFICIENCY
<http://omim.org/entry/278000>

Medical Genetics Database from MedGen

- Lysosomal acid lipase deficiency
<https://www.ncbi.nlm.nih.gov/medgen/53088>

Sources for This Summary

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