Infantile-onset spinocerebellar ataxia

Infantile-onset spinocerebellar ataxia (IOSCA) is a progressive disorder that affects the nervous system. Babies with IOSCA develop normally during the first year of life. During early childhood, however, they begin experiencing difficulty coordinating movements (ataxia); very weak muscle tone (hypotonia); involuntary writhing movements of the limbs (athetosis); and decreased reflexes. By their teenage years affected individuals require wheelchair assistance.

People with IOSCA often develop problems with the autonomic nervous system, which controls involuntary body functions. As a result, they may experience excessive sweating, difficulty controlling urination, and severe constipation.

IOSCA also leads to vision and hearing problems that begin by about age 7. Children with this disorder develop weakness in the muscles that control eye movement (ophthalmoplegia). In their teenage years they experience degeneration of the nerves that carry information from the eyes to the brain (optic atrophy), which can result in vision loss. Hearing loss caused by nerve damage (sensorineural hearing loss) typically occurs during childhood and progresses to profound deafness.

Individuals with IOSCA may have recurrent seizures (epilepsy). These seizures can lead to severe brain dysfunction (encephalopathy).

Most people with IOSCA survive into adulthood. However, a few individuals with IOSCA have an especially severe form of the disorder involving liver damage and encephalopathy that develops during early childhood. These children do not generally live past age 5.

Frequency

More than 20 individuals with IOSCA have been identified in Finland. A few individuals with similar symptoms have been reported elsewhere in Europe.

Causes

Mutations in the \textit{TWNK} gene cause IOSCA. The \textit{TWNK} gene provides instructions for making two very similar proteins called Twinkle and Twinky. These proteins are found in the mitochondria, which are structures within cells that convert the energy from food into a form that cells can use.

Mitochondria each contain a small amount of DNA, known as mitochondrial DNA or mtDNA, which is essential for the normal function of these structures. The Twinkle protein is involved in the production and maintenance of mtDNA. The function of the Twinky protein is unknown.
The *TWNK* gene mutations that cause IOSCA interfere with the function of the Twinkle protein and result in reduced quantities of mtDNA (mtDNA depletion). Impaired mitochondrial function in the nervous system, muscles, and other tissues that require a large amount of energy leads to neurological dysfunction and the other problems associated with IOSCA.

**Inheritance Pattern**

This condition is inherited in an autosomal recessive pattern, which means both copies of the gene in each cell have mutations. The parents of an individual with an autosomal recessive condition each carry one copy of the mutated gene, but they typically do not show signs and symptoms of the condition.

**Other Names for This Condition**

- IOSCA
- Ohaha syndrome
- ophthalmoplegia, hypotonia, ataxia, hypacusis, and athetosis

**Diagnosis & Management**

**Genetic Testing Information**

- What is genetic testing? [primer/testing/genetictesting](/primer/testing/genetictesting)

- Genetic Testing Registry: Mitochondrial DNA depletion syndrome 7 (hepatocerebral type)

**Research Studies from ClinicalTrials.gov**

- ClinicalTrials.gov
  https://clinicaltrials.gov/ct2/results?cond=%22infantile-onset+spinocerebellar+ataxia%22+OR+%22Spinocerebellar+Ataxias%22

**Other Diagnosis and Management Resources**

- GeneReview: Infantile-Onset Spinocerebellar Ataxia
  https://www.ncbi.nlm.nih.gov/books/NBK3795

**Additional Information & Resources**

**Health Information from MedlinePlus**

- Health Topic: Cerebellar Disorders
  https://medlineplus.gov/cerebellardisorders.html

- Health Topic: Degenerative Nerve Diseases
  https://medlineplus.gov/degenerativenervediseases.html
• Health Topic: Movement Disorders
  https://medlineplus.gov/movementdisorders.html

• Health Topic: Optic Nerve Disorders
  https://medlineplus.gov/opticnervedisorders.html

Genetic and Rare Diseases Information Center
• Infantile onset spinocerebellar ataxia

Additional NIH Resources
• National Institute of Neurological Disorders and Stroke: Ataxias and Cerebellar or Spinocerebellar Degeneration Information Page
  https://www.ninds.nih.gov/Disorders/All-Disorders/Ataxias-and-Cerebellar-or-Spinocerebellar-Degeneration-Information-Page

Educational Resources
• Orphanet: Infantile onset spinocerebellar ataxia
  https://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=1186

Patient Support and Advocacy Resources
• National Ataxia Foundation
  https://ataxia.org/

• United Mitochondrial Disease Foundation
  https://www.umdf.org/

Clinical Information from GeneReviews
• Infantile-Onset Spinocerebellar Ataxia
  https://www.ncbi.nlm.nih.gov/books/NBK3795

Scientific Articles on PubMed
• PubMed
  https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28infantile-onset+spinocerebellar+ataxia%5BTIAB%5D%29+OR+%28iosca%5BTIAB%5D%29%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+3600+days%22%5Bdp%5D

Catalog of Genes and Diseases from OMIM
• MITOCHONDRIAL DNA DEPLETION SYNDROME 7 (HEPATOCEREBRAL TYPE)
  http://omim.org/entry/271245
Sources for This Summary

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/19650351

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/19831121

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