Hand-foot-genital syndrome

Hand-foot-genital syndrome is a rare condition that affects the development of the hands and feet, the urinary tract, and the reproductive system. People with this condition have abnormally short thumbs and first (big) toes, small fifth fingers that curve inward (clinodactyly), short feet, and fusion or delayed hardening of bones in the wrists and ankles. The other bones in the arms and legs are normal.

Abnormalities of the genitals and urinary tract can vary among affected individuals. Many people with hand-foot-genital syndrome have defects in the ureters, which are tubes that carry urine from each kidney to the bladder, or in the urethra, which carries urine from the bladder to the outside of the body. Recurrent urinary tract infections and an inability to control the flow of urine (urinary incontinence) have been reported. About half of males with this disorder have the urethra opening on the underside of the penis (hypospadias).

People with hand-foot-genital syndrome are usually able to have children (fertile). In some affected females, problems in the early development of the uterus can later increase the risk of pregnancy loss, premature labor, and stillbirth.

Frequency

Hand-foot-genital syndrome is very rare; only a few families with the condition have been reported worldwide.

Causes

Mutations in the HOXA13 gene cause hand-foot-genital syndrome. The HOXA13 gene provides instructions for producing a protein that plays an important role in development before birth. Specifically, this protein appears to be critical for the formation and development of the limbs (particularly the hands and feet), urinary tract, and reproductive system. Mutations in the HOXA13 gene cause the characteristic features of hand-foot-genital syndrome by disrupting the early development of these structures. Some mutations in the HOXA13 gene result in the production of a nonfunctional version of the HOXA13 protein. Other mutations alter the protein’s structure and interfere with its normal function within cells. Mutations that result in an altered but functional HOXA13 protein may cause more severe signs and symptoms than mutations that lead to a nonfunctional HOXA13 protein.

Inheritance Pattern

This condition is inherited in an autosomal dominant pattern, which means one copy of the altered gene in each cell is sufficient to cause the disorder.
Other Names for This Condition

• Hand-foot-uterus syndrome
• HFG syndrome
• HFGS
• HFU syndrome

Diagnosis & Management

Genetic Testing Information

• What is genetic testing? /primer/testing/genetictesting

• Genetic Testing Registry: Hand foot uterus syndrome

Other Diagnosis and Management Resources

• GeneReview: Hand-Foot-Genital Syndrome
  https://www.ncbi.nlm.nih.gov/books/NBK1423

• MedlinePlus Encyclopedia: Hypospadias
  https://medlineplus.gov/ency/article/001286.htm

• MedlinePlus Encyclopedia: Urinary Tract Infection
  https://medlineplus.gov/ency/article/000521.htm

Additional Information & Resources

Health Information from MedlinePlus

• Encyclopedia: Hypospadias
  https://medlineplus.gov/ency/article/001286.htm

• Encyclopedia: Urinary Tract Infection
  https://medlineplus.gov/ency/article/000521.htm

• Health Topic: Foot Injuries and Disorders
  https://medlineplus.gov/footinjuriesanddisorders.html

• Health Topic: Hand Injuries and Disorders
  https://medlineplus.gov/handinjuriesanddisorders.html

Genetic and Rare Diseases Information Center

• Hand foot uterus syndrome
Educational Resources

- American Society for Surgery of the Hand: Congenital Hand Differences
- MalaCards: hand-foot-genital syndrome
  https://www.malacards.org/card/hand_foot_genital_syndrome
- Orphanet: Hand-foot-genital syndrome
  https://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=2438

Patient Support and Advocacy Resources

- March of Dimes: Genital and Urinary Tract Defects
- Resource list from the University of Kansas Medical Center: Limb Anomalies
  http://www.kumc.edu/gec/support/limb.html

Clinical Information from GeneReviews

- Hand-Foot-Genital Syndrome
  https://www.ncbi.nlm.nih.gov/books/NBK1423

Scientific Articles on PubMed

- PubMed
  https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28hand-foot-genital+syndrome%29+OR+%28hand-foot-uterus+syndrome%29+AND+english%5Bla%5D+AND+%22last+3600+days%22%5Bdp%5D

Catalog of Genes and Diseases from OMIM

- HAND-FOOT-GENITAL SYNDROME
  http://omim.org/entry/140000

Sources for This Summary

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/10839976  
  Free article on PubMed Central: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1287077/
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Reviewed: April 2008
Published: June 25, 2019

Lister Hill National Center for Biomedical Communications
U.S. National Library of Medicine
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