FOXP2-related speech and language disorder

*FOXP2* is a gene that provides instructions for making a protein called FOXP2, which appears to be essential for the normal development of speech and language. The FOXP2 protein is active in many different tissues, including the brain, both before and after birth. It acts as a transcription factor, which means that it helps control the activity of other genes. Researchers suspect that many of the genes targeted by FOXP2 play important roles in brain development and the connections between nerve cells.

Several changes involving the *FOXP2* gene can result in *FOXP2*-related speech and language disorder. Some affected individuals have a deletion that removes a small segment of chromosome 7, including the *FOXP2* gene and several neighboring genes. Other people with this condition have a mutation within the *FOXP2* gene itself. Less
commonly, \textit{FOXP2}-related speech and language disorder results from a rearrangement of the structure of chromosome 7 (such as a translocation) or from inheriting two copies of chromosome 7 from the mother instead of one from each parent (a phenomenon called maternal uniparental disomy or maternal UPD). It remains unclear how having two maternal copies of chromosome 7 affects the activity of the \textit{FOXP2} gene.

The genetic changes that underlie \textit{FOXP2}-related speech and language disorder disrupt the activity of the \textit{FOXP2} gene. Because forkhead box P2 is a transcription factor, these changes affect the activity of other genes in the developing brain. Researchers are working to determine which of these genes are involved and how changes in their activity lead to abnormal speech and language development.

Additional features that are sometimes associated with \textit{FOXP2}-related speech and language disorder, including delayed motor development and autism spectrum disorders, likely result from changes to other genes on chromosome 7. For example, in affected individuals with a deletion involving chromosome 7, a loss of \textit{FOXP2} is thought to disrupt speech and language development, while the loss of nearby genes accounts for other signs and symptoms. People with maternal UPD for chromosome 7 have \textit{FOXP2}-related speech and language disorder as part of a larger condition called Russell-Silver syndrome. In addition to speech and language problems, these individuals have slow growth, distinctive facial features, delayed development, and learning disabilities.

\textbf{Inheritance Pattern}

The inheritance pattern of \textit{FOXP2}-related speech and language disorder depends on its genetic cause. Mutations within the \textit{FOXP2} gene and deletions of genetic material from chromosome 7 that include \textit{FOXP2} have an autosomal dominant pattern of inheritance, which means one copy of the altered gene or chromosome in each cell is sufficient to cause the disorder. In most cases, the condition results from a new (de novo) mutation or deletion that occurs during the formation of reproductive cells (eggs or sperm) or in early embryonic development. These cases occur in people with no history of the disorder in their family. Less commonly, an affected individual inherits the genetic change from a parent with the condition; in at least one large family, a \textit{FOXP2} gene mutation has been passed through several generations.

When \textit{FOXP2}-related speech and language disorder results from maternal UPD of chromosome 7 as part of Russell-Silver syndrome, the condition is not inherited. UPD occurs as a random event during the formation of reproductive cells (eggs and sperm) or in early embryonic development. Affected people with maternal UPD of chromosome 7 typically have no history of the disorder in their family.

When the condition is caused by rearrangements of the structure of chromosome 7, its pattern of inheritance can be complex and depends on the specific genetic change.
Other Names for This Condition
- speech and language disorder with orofacial dyspraxia
- speech-language disorder 1

Diagnosis & Management

Genetic Testing Information
- What is genetic testing? 
  /primer/testing/genetictesting
- Genetic Testing Registry: Speech-language disorder 1

Research Studies from ClinicalTrials.gov
- ClinicalTrials.gov
  https://clinicaltrials.gov/ct2/results?cond=%22FOXP2-related+speech+and+language+disorder%22+OR+%22speech-language+disorder+1%22+OR+%22childhood+apraxia+of+speech%22

Other Diagnosis and Management Resources
- Apraxia-Kids: How is CAS Diagnosed?
  https://www.apraxia-kids.org/apraxia_kids_library/what-is-childhood-apraxia-of-speech/
- Apraxia-Kids: What Causes CAS?
  https://www.apraxia-kids.org/apraxia_kids_library/what-causes-cas/
- Apraxia-Kids: What Kind of Help Will My Child Need?
- GeneReview: FOXP2-Related Speech and Language Disorders
  https://www.ncbi.nlm.nih.gov/books/NBK368474

Additional Information & Resources

Health Information from MedlinePlus
- Encyclopedia: Apraxia
  https://medlineplus.gov/ency/article/007472.htm
- Encyclopedia: Speech Disorders - Children
  https://medlineplus.gov/ency/article/001430.htm
- Health Topic: Speech and Language Problems in Children
  https://medlineplus.gov/speechandlanguageproblemsinchildren.html
Genetic and Rare Diseases Information Center

- Childhood apraxia of speech

Additional NIH Resources

- National Institute on Deafness and Other Communication Disorders: Apraxia of Speech
  https://www.nidcd.nih.gov/health/apraxia-speech

Educational Resources

- American Speech-Language-Hearing Association: Childhood Apraxia of Speech
  https://www.asha.org/content.aspx?id=14062
  https://www.asha.org/content.aspx?id=10737450490
- Children's Hospital of Philadelphia: Childhood Apraxia of Speech
  https://www.chop.edu/conditions-diseases/childhood-apraxia-speech
- Cincinnati Children's Hospital Medical Center: Childhood Apraxia of Speech
  https://www.cincinnatichildrens.org/health/c/verbal-apraxia
- MalaCards: childhood apraxia of speech
  https://www.malacards.org/card/childhood_apraxia_of_speech
- Orphanet: Childhood apraxia of speech
  https://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=209908
- Unique: Rare Chromosome Disorder Support Group (UK)

Patient Support and Advocacy Resources

- American Speech-Language-Hearing Association
  https://www.asha.org/
- Apraxia-Kids
  https://www.apraxia-kids.org/
- The Cherab Foundation (Communication Help, Education, Research, Apraxia Base)
  https://cherabfoundation.org/

Clinical Information from GeneReviews

- FOXP2-Related Speech and Language Disorders
  https://www.ncbi.nlm.nih.gov/books/NBK368474
Scientific Articles on PubMed

- PubMed
  https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28FOXP2%5BTI%5D%29+AND+%28speech%5BTIAB%5D%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+3600+days%22%5Bdp%5D

Catalog of Genes and Diseases from OMIM

- SPEECH-LANGUAGE DISORDER 1
  http://omim.org/entry/602081

Sources for This Summary

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  Free article on PubMed Central: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1698557/

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