



Familial porencephaly

Familial porencephaly is part of a group of conditions called the *COL4A1*-related disorders. The conditions in this group have a range of signs and symptoms that involve fragile blood vessels. In familial porencephaly, fluid-filled cysts develop in the brain (porencephaly) during fetal development or soon after birth. These cysts typically occur in only one side of the brain and vary in size. The cysts are thought to be the result of bleeding within the brain (hemorrhagic stroke). People with this condition also have leukoencephalopathy, which is a change in a type of brain tissue called white matter that can be seen with magnetic resonance imaging (MRI).

During infancy, people with familial porencephaly typically have paralysis affecting one side of the body (infantile hemiplegia). Affected individuals may also have recurrent seizures (epilepsy), migraine headaches, speech problems, intellectual disability, and uncontrolled muscle tensing (dystonia). Some people are severely affected, and others may have no symptoms related to the brain cysts.

Frequency

Familial porencephaly is a rare condition, although the exact prevalence is unknown. At least eight affected families have been described in the scientific literature.

Causes

Mutations in the *COL4A1* gene cause familial porencephaly. The *COL4A1* gene provides instructions for making one component of a protein called type IV collagen. Type IV collagen molecules attach to each other to form complex protein networks. These protein networks are the main components of basement membranes, which are thin sheet-like structures that separate and support cells in many tissues. Type IV collagen networks play an important role in the basement membranes in virtually all tissues throughout the body, particularly the basement membranes surrounding the body's blood vessels (vasculature).

The *COL4A1* gene mutations that cause familial porencephaly result in the production of a protein that disrupts the structure of type IV collagen. As a result, type IV collagen molecules cannot attach to each other to form the protein networks in basement membranes. Basement membranes without normal type IV collagen are unstable, leading to weakening of the tissues that they surround. In people with familial porencephaly, the vasculature in the brain weakens, which can lead to blood vessel breakage and hemorrhagic stroke. Bleeding within the brain is followed by the formation of fluid-filled cysts characteristic of this condition. It is thought that the pressure and stress on the head during birth contributes to vessel breakage in people with this condition; however in some individuals, bleeding in the brain can occur before birth.

Inheritance Pattern

This condition is inherited in an autosomal dominant pattern, which means one copy of the altered gene in each cell is sufficient to cause the disorder.

Other Names for This Condition

- autosomal dominant porencephaly type 1
- infantile hemiplegia with porencephaly
- porencephaly type 1

Diagnosis & Management

Genetic Testing Information

- What is genetic testing?
[/primer/testing/genetictesting](#)
- Genetic Testing Registry: Familial porencephaly
<https://www.ncbi.nlm.nih.gov/gtr/conditions/C1867983/>

Other Diagnosis and Management Resources

- GeneReview: COL4A1-Related Disorders
<https://www.ncbi.nlm.nih.gov/books/NBK7046>

Additional Information & Resources

Health Information from MedlinePlus

- Health Topic: Brain Diseases
<https://medlineplus.gov/braindiseases.html>
- Health Topic: Hemorrhagic Stroke
<https://medlineplus.gov/hemorrhagicstroke.html>
- Health Topic: Migraine
<https://medlineplus.gov/migraine.html>

Genetic and Rare Diseases Information Center

- Familial porencephaly
<https://rarediseases.info.nih.gov/diseases/2258/familial-porencephaly>

Additional NIH Resources

- National Institute of Neurological Disorders and Stroke: Epilepsy Information Page
<https://www.ninds.nih.gov/Disorders/All-Disorders/Epilepsy-Information-Page>
- National Institute of Neurological Disorders and Stroke: Stroke Information Page
<https://www.ninds.nih.gov/Disorders/All-Disorders/Stroke-Information-Page>

Educational Resources

- Cedars-Sinai Medical Center: Cerebral Hemorrhage
<https://www.cedars-sinai.edu/Patients/Health-Conditions/Hemorrhagic-Stroke.aspx>
- Johns Hopkins Children's Center: Pediatric Stroke
<https://www.hopkinsmedicine.org/health/conditions-and-diseases/stroke/pediatric-stroke>
- Johns Hopkins Medicine Department of Neurology and Neurosurgery: Intracerebral Hemorrhage
https://www.hopkinsmedicine.org/neurology_neurosurgery/centers_clinics/pediatric_neurovascular/conditions/intracerebral_hemorrhage.html
- Johns Hopkins Medicine Department of Neurology and Neurosurgery: Stroke
https://www.hopkinsmedicine.org/neurology_neurosurgery/centers_clinics/cerebrovascular/conditions/stroke.html
- MalaCards: familial porencephaly
https://www.malacards.org/card/familial_porencephaly
- Orphanet: Familial porencephaly
https://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=99810

Patient Support and Advocacy Resources

- Family Caregiver Alliance: Stroke
<https://www.caregiver.org/health-issues/stroke>
- National Organization for Rare Disorders (NORD)
<https://rarediseases.org/rare-diseases/autosomal-dominant-porencephaly-type-i/>

Clinical Information from GeneReviews

- COL4A1-Related Disorders
<https://www.ncbi.nlm.nih.gov/books/NBK7046>

Scientific Articles on PubMed

- PubMed
<https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28porencephaly%5BTIAB%5D%29+AND+%28COL4A1%5BTIAB%5D%29%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+3600+days%22%5Bdp%5D>

Catalog of Genes and Diseases from OMIM

- BRAIN SMALL VESSEL DISEASE 1 WITH OR WITHOUT OCULAR ANOMALIES
<http://omim.org/entry/175780>

Sources for This Summary

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 - Meuwissen ME, de Vries LS, Verbeek HA, Lequin MH, Govaert PP, Schot R, Cowan FM, Hennekam R, Rizzu P, Verheijen FW, Wessels MW, Mancini GM. Sporadic COL4A1 mutations with extensive prenatal porencephaly resembling hydranencephaly. *Neurology.* 2011 Mar 1;76(9):844-6. doi: 10.1212/WNL.0b013e31820e7751.
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