Epidermolysis bullosa with pyloric atresia

Epidermolysis bullosa with pyloric atresia (EB-PA) is a condition that affects the skin and digestive tract. This condition is one of several forms of epidermolysis bullosa, a group of genetic conditions that cause the skin to be fragile and to blister easily. Affected infants are often born with widespread blistering and areas of missing skin. Blisters continue to appear in response to minor injury or friction, such as rubbing or scratching. Most often, blisters occur over the whole body and affect mucous membranes such as the moist lining of the mouth and digestive tract.

People with EB-PA are also born with pyloric atresia, which is a blockage (obstruction) of the lower part of the stomach (the pylorus). This obstruction prevents food from emptying out of the stomach into the intestine. Signs of pyloric atresia include vomiting, a swollen (distended) abdomen, and an absence of stool. Pyloric atresia is life-threatening and must be repaired with surgery soon after birth.

Other complications of EB-PA can include fusion of the skin between the fingers and toes, abnormalities of the fingernails and toenails, joint deformities (contractures) that restrict movement, and hair loss (alopecia). Some affected individuals are also born with malformations of the urinary tract, including the kidneys and bladder.

Because the signs and symptoms of EB-PA are so severe, many infants with this condition do not survive beyond the first year of life. In those who survive, the condition may improve with time; some affected individuals have little or no blistering later in life. However, many affected individuals who live past infancy experience severe health problems, including blistering and the formation of red, bumpy patches called granulation tissue. Granulation tissue most often forms on the skin around the mouth, nose, fingers, and toes. It can also build up in the airway, leading to difficulty breathing.

Frequency

EB-PA appears to be a rare condition, although its prevalence is unknown. At least 100 affected individuals have been reported worldwide.

Causes

EB-PA can be caused by mutations in the \textit{ITGA6}, \textit{ITGB4}, and \textit{PLEC} genes. These genes provide instructions for making proteins with critical roles in the skin and digestive tract.

\textit{ITGB4} gene mutations are the most common cause of EB-PA; these mutations are responsible for about 80 percent of all cases. \textit{ITGA6} gene mutations cause about 5 percent of cases. The proteins produced from the \textit{ITGA6} and \textit{ITGB4} genes join to form a protein known as $\alpha 6\beta 4$ integrin. This protein plays an important role in strengthening
and stabilizing the skin by helping to attach the top layer of skin (the epidermis) to underlying layers. Mutations in either the *ITGA6* gene or the *ITGB4* gene lead to the production of a defective or nonfunctional version of α6β4 integrin, or prevent cells from making any of this protein. A shortage of functional α6β4 integrin causes cells in the epidermis to be fragile and easily damaged. Friction or other minor trauma can cause the skin layers to separate, leading to the formation of blisters.

About 15 percent of all cases of EB-PA result from mutations in the *PLEC* gene. This gene provides instructions for making a protein called plectin. Like α6β4 integrin, plectin helps attach the epidermis to underlying layers of skin. Some *PLEC* gene mutations prevent the cell from making any functional plectin, while other mutations result in an abnormal form of the protein. When plectin is altered or missing, the skin is less resistant to friction and minor trauma and blisters easily.

Researchers are working to determine how mutations in the *ITGA6*, *ITGB4*, and *PLEC* genes lead to pyloric atresia in people with EB-PA. Studies suggest that these genes are important for the normal development of the digestive tract.

**Inheritance Pattern**

This condition is inherited in an autosomal recessive pattern, which means both copies of the gene in each cell have mutations. The parents of an individual with an autosomal recessive condition each carry one copy of the mutated gene, but they typically do not show signs and symptoms of the condition.

**Other Names for This Condition**

- Carmi syndrome
- EB-PA
- junctional epidermolysis bullosa with pyloric atresia
- PA-JEB

**Diagnosis & Management**

**Genetic Testing Information**

- What is genetic testing? [primer/testing/genetictesting](https://www.ncbi.nlm.nih.gov/gtr/conditions/C1856934/)
Research Studies from ClinicalTrials.gov

- ClinicalTrials.gov
  https://clinicaltrials.gov/ct2/results?cond=%22Epidermolysis+Bullosa%22+OR+%22epidermolysis+bullosa+with+pyloric+atresia%22

Other Diagnosis and Management Resources

- Epidermolysis Bullosa Center, Cincinnati Children's Hospital Medical Center
  https://www.cincinnatichildrens.org/service/e/epidermolysis-bullosa
- GeneReview: Epidermolysis Bullosa with Pyloric Atresia
  https://www.ncbi.nlm.nih.gov/books/NBK1157
- MedlinePlus Encyclopedia: Epidermolysis Bullosa
  https://medlineplus.gov/ency/article/001457.htm

Additional Information & Resources

Health Information from MedlinePlus

- Encyclopedia: Epidermolysis Bullosa
  https://medlineplus.gov/ency/article/001457.htm
- Health Topic: Intestinal Obstruction
  https://medlineplus.gov/intestinalobstruction.html
- Health Topic: Skin Conditions
  https://medlineplus.gov/skinconditions.html

Genetic and Rare Diseases Information Center

- Epidermolysis bullosa
  https://rarediseases.info.nih.gov/diseases/6359/epidermolysis-bullosa

Additional NIH Resources

- National Institute of Arthritis and Musculoskeletal and Skin Diseases
  https://www.niams.nih.gov/health-topics/epidermolysis-bullosa

Educational Resources

- Cincinnati Children’s Hospital Medical Center: Intestinal Atresia and Stenosis
  https://www.cincinnatichildrens.org/health/i/obstructions
- KidsHealth from Nemours: Pyloric Stenosis
- MalaCards: epidermolysis bullosa with pyloric atresia
  https://www.malacards.org/card/epidermolysis_bullosa_with_pyloric_atresia
• Orphanet: Epidermolysis bullosa simplex with pyloric atresia  
  https://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=158684
• Orphanet: Junctional epidermolysis bullosa-pyloric atresia syndrome  
  https://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=79403

Patient Support and Advocacy Resources
• DebRA UK  
  https://www.debra.org.uk/
• Dystrophic Epidermolysis Bullosa Research Association of America (DebRA)  
  https://www.debra.org/
• Epidermolysis Bullosa Medical Research Foundation  
  https://ebmrf.org/
• National Organization for Rare Disorders (NORD)  
  https://rarediseases.org/rare-diseases/epidermolysis-bullosa/
• RareConnect  
  https://www.rareconnect.org/en/community/epidermolysis-bullosa
• Resource list from the University of Kansas Medical Center  
  http://www.kumc.edu/gec/support/epidermo.html

Clinical Information from GeneReviews
• Epidermolysis Bullosa with Pyloric Atresia  
  https://www.ncbi.nlm.nih.gov/books/NBK1157

Scientific Articles on PubMed
• PubMed  
  https://www.ncbi.nlm.nih.gov/pubmed?term=%28epidermolysis+bullosa+%5Btiab%5D+AND+pyloric+atresia+%5Btiab%5D%29+AND+english%5Btiab%5D+AND+human%5Btiab%5D+AND+%22last+3600+days%22%5Btiab%5D

Catalog of Genes and Diseases from OMIM
• EPIDERMOLYSIS BULLOSA JUNCTIONALIS WITH PYLORIC ATRESIA  
  http://omim.org/entry/226730
• EPIDERMOLYSIS BULLOSA SIMPLEX WITH PYLORIC ATRESIA  
  http://omim.org/entry/612138

Medical Genetics Database from MedGen
• Epidermolysis bullosa junctionalis with pyloric atresia  
• Epidermolysis bullosa simplex with pyloric atresia  
Sources for This Summary

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/15654962

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/17651158

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/20301336

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/9422533
  Free article on PubMed Central: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1858138/

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  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/10367729

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/16473856
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