Congenital stromal corneal dystrophy

Congenital stromal corneal dystrophy is an inherited eye disorder. This condition primarily affects the cornea, which is the clear outer covering of the eye. In people with this condition, the cornea appears cloudy and may have an irregular surface. These corneal changes lead to visual impairment, including blurring, glare, and a loss of sharp vision (reduced visual acuity). Visual impairment is often associated with additional eye abnormalities, including "lazy eye" (amblyopia), eyes that do not look in the same direction (strabismus), involuntary eye movements (nystagmus), and increased sensitivity to light (photophobia).

Frequency

Congenital stromal corneal dystrophy is probably very rare; only a few affected families have been reported in the medical literature.

Causes

Congenital stromal corneal dystrophy is caused by mutations in the \textit{DCN} gene. This gene provides instructions for making a protein called decorin, which is involved in the organization of collagens. Collagens are proteins that strengthen and support connective tissues such as skin, bone, tendons, and ligaments. In the cornea, well-organized bundles of collagen make the cornea transparent. Decorin ensures that collagen fibrils in the cornea are uniformly sized and regularly spaced.

Mutations in the \textit{DCN} gene lead to the production of a defective version of decorin. This abnormal protein interferes with the organization of collagen fibrils in the cornea. As poorly arranged collagen fibrils accumulate, the cornea becomes cloudy. These corneal changes lead to reduced visual acuity and related eye abnormalities.

Inheritance Pattern

This condition is inherited in an autosomal dominant pattern, which means one copy of the altered gene in each cell is sufficient to cause the disorder.

Other Names for This Condition

- congenital hereditary stromal dystrophy of the cornea
- congenital stromal dystrophy of the cornea
- corneal dystrophy, congenital stromal
- CSCD
- DACS
• decorin-associated congenital stromal corneal dystrophy
• dystrophia corneae parenchymatosa congenita

**Diagnosis & Management**

**Genetic Testing Information**

• What is genetic testing?  
  /primer/testing/genetictesting
• Genetic Testing Registry: Congenital Stromal Corneal Dystrophy  

**Other Diagnosis and Management Resources**

• GeneReview: Congenital Stromal Corneal Dystrophy  
  https://www.ncbi.nlm.nih.gov/books/NBK2690
• MedlinePlus Encyclopedia: Cloudy Cornea  
  https://medlineplus.gov/ency/article/003317.htm

**Additional Information & Resources**

**Health Information from MedlinePlus**

• Encyclopedia: Cloudy Cornea  
  https://medlineplus.gov/ency/article/003317.htm
• Health Topic: Corneal Disorders  
  https://medlineplus.gov/cornealdisorders.html
• Health Topic: Eye Diseases  
  https://medlineplus.gov/eyediseases.html

**Additional NIH Resources**

• National Eye Institute: Facts about the Cornea and Corneal Disease  
  https://nei.nih.gov/health/cornealdisease/
• National Eye Institute: Low Vision  
  https://nei.nih.gov/health/lowvision/

**Educational Resources**

• MalaCards: corneal dystrophy, congenital stromal  
  https://www.malacards.org/card/corneal_dystrophy_congenital_stromal
• Orphanet: Congenital stromal corneal dystrophy  
  https://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=101068
Patient Support and Advocacy Resources

- National Association for Parents of Children with Visual Impairments (NAPVI)
  http://www.napvi.org/
- National Organization for Rare Disorders (NORD)
  https://rarediseases.org/rare-diseases/corneal-dystrophies/
- Resource list from the University of Kansas Medical Center: Blindness / Visual Impairment
  http://www.kumc.edu/gec/support/visual.html

Clinical Information from GeneReviews

- Congenital Stromal Corneal Dystrophy
  https://www.ncbi.nlm.nih.gov/books/NBK2690

Scientific Articles on PubMed

- PubMed
  https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28congenital+%5BTIAB%5D+OR+hereditary+%5BTIAB%5D%29+AND+%28stromal%5BTI%5D%29+AND+%28corneal%5BTIAB%5D%29+AND+%28dystrophy%5BTIAB%5D%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+3600+days+%22%5Bdp%5D

Catalog of Genes and Diseases from OMIM

- CORNEAL DYSTROPHY, CONGENITAL STROMAL
  http://omim.org/entry/610048

Sources for This Summary

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