Clouston syndrome

Clouston syndrome is a form of ectodermal dysplasia, a group of about 150 conditions characterized by abnormal development of some or all of the ectodermal structures, which include the skin, hair, nails, teeth, and sweat glands. Specifically, Clouston syndrome is characterized by abnormalities of the hair, nails, and skin, with the teeth and sweat glands being unaffected.

In infants with Clouston syndrome, scalp hair is sparse, patchy, and lighter in color than the hair of other family members; it is also fragile and easily broken. By puberty, the hair problems may worsen until all the hair on the scalp is lost (total alopecia). The eyelashes, eyebrows, underarm (axillary) hair, and pubic hair are also sparse or absent.

Abnormal growth of fingernails and toenails (nail dystrophy) is also characteristic of Clouston syndrome. The nails may appear white in the first years of life. They grow slowly and gradually become thick and misshapen. In some people with Clouston syndrome, nail dystrophy is the most noticeable feature of the disorder.

Many people with Clouston syndrome have thick skin on the palms of the hands and soles of the feet (palmoplantar hyperkeratosis); areas of the skin, especially over the joints, that are darker in color than the surrounding skin (hyperpigmentation); and widened and rounded tips of the fingers (clubbing).

Frequency

The prevalence of Clouston syndrome is unknown. Cases have been reported in many populations; the disorder is especially common among people of French-Canadian descent.

Genetic Changes

Clouston syndrome is caused by mutations in the GJB6 gene. This gene provides instructions for making a protein called gap junction beta 6, more commonly known as connexin 30. Connexin 30 is a member of the connexin protein family. Connexin proteins form channels called gap junctions, which permit the transport of nutrients, charged atoms (ions), and signaling molecules between neighboring cells. The size of the gap junction and the types of particles that move through it are determined by the particular connexin proteins that make up the channel. Gap junctions made with connexin 30 transport potassium ions and certain small molecules.

Connexin 30 is found in several different tissues throughout the body, including the skin (especially on the palms of the hands and soles of the feet), hair follicles, and nail beds, and plays a role in the growth and development of these tissues.
**GJB6** gene mutations that cause Clouston syndrome change single protein building blocks (amino acids) in the connexin 30 protein. Although the effects of these mutations are not fully understood, they lead to abnormalities in the growth, division, and maturation of cells in the hair follicles, nails, and skin.

**Inheritance Pattern**

This condition is inherited in an autosomal dominant pattern, which means one copy of the altered gene in each cell is sufficient to cause the disorder.

In most cases, an affected person inherits the mutation from one affected parent. Other cases result from new mutations in the gene and occur in people with no history of the disorder in their family.

**Other Names for This Condition**

- Clouston hidrotic ectodermal dysplasia
- Clouston’s syndrome
- ECTD2
- ectodermal dysplasia 2, Clouston type
- HED2
- hidrotic ectodermal dysplasia 2

**Diagnosis & Management**

**Genetic Testing**

- Genetic Testing Registry: Hidrotic ectodermal dysplasia syndrome

**Other Diagnosis and Management Resources**

- GeneReview: Hidrotic Ectodermal Dysplasia 2
  https://www.ncbi.nlm.nih.gov/books/NBK1200

**General Information from MedlinePlus**

- Diagnostic Tests
  https://medlineplus.gov/diagnostictests.html
- Drug Therapy
  https://medlineplus.gov/drugtherapy.html
- Genetic Counseling
  https://medlineplus.gov/geneticcounseling.html
• Palliative Care
  https://medlineplus.gov/palliativecare.html

• Surgery and Rehabilitation
  https://medlineplus.gov/surgeryandrehabilitation.html

Additional Information & Resources

MedlinePlus
• Encyclopedia: Ectodermal Dysplasia
  https://medlineplus.gov/ency/article/001469.htm
• Health Topic: Skin Conditions
  https://medlineplus.gov/skinconditions.html

Genetic and Rare Diseases Information Center
• Clouston syndrome

Educational Resources
• Disease InfoSearch: Hidrotic ectodermal dysplasia syndrome
  http://www.diseaseinfosearch.org/Hidrotic+ectodermal+dysplasia+syndrome/8550
• MalaCards: clouston syndrome
  http://www.malacards.org/card/clouston_syndrome
• National Foundation for Ectodermal Dysplasias: Clouston Syndrome
  https://www.nfed.org/learn/types/clouston-syndrome/
• Orphanet: Hidrotic ectodermal dysplasia
  http://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=189

Patient Support and Advocacy Resources
• Ectodermal Dysplasia Society
  http://www.ectodermal dysplasia.org/index.php
• National Foundation for Ectodermal Dysplasias
  https://www.nfed.org/
• National Organization for Rare Disorders (NORD): Ectodermal Dysplasias
  https://rarediseases.org/rare-diseases/ectodermal-dysplasias/

GeneReviews
• Hidrotic Ectodermal Dysplasia 2
  https://www.ncbi.nlm.nih.gov/books/NBK1200
Scientific Articles on PubMed

- PubMed
  https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28clouston+syndrome%5BTIAB%5D%29+OR+%28clouston's+syndrome%5BTIAB%5D%29+OR+%28hidrotic+ectodermal+dysplasia%29+OR+%28hed2%5BTIAB%5D%29+OR+%28clouston+hidrotic+ectodermal+dysplasia%5BTIAB%5D%29%29+AND+english%5Bla%5D+AND+human%5Bmh%5D

OMIM
- CLOUSTON SYNDROME
  http://omim.org/entry/129500

Sources for This Summary


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Lister Hill National Center for Biomedical Communications
U.S. National Library of Medicine
National Institutes of Health
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