9q22.3 microdeletion

9q22.3 microdeletion is a chromosomal change in which a small piece of chromosome 9 is deleted in each cell. The deletion occurs on the long (q) arm of the chromosome in a region designated q22.3. This chromosomal change is associated with delayed development, intellectual disability, certain physical abnormalities, and the characteristic features of a genetic condition called Gorlin syndrome.

Many individuals with a 9q22.3 microdeletion have delayed development, particularly affecting the development of motor skills such as sitting, standing, and walking. In some people, the delays are temporary and improve in childhood. More severely affected individuals have permanent developmental disabilities along with intellectual impairment and learning problems. Rarely, seizures have been reported in people with a 9q22.3 microdeletion.

About 20 percent of people with a 9q22.3 microdeletion experience overgrowth (macrosomia), which results in increased height and weight compared to unaffected peers. The macrosomia often begins before birth and continues into childhood. Other physical changes that are sometimes associated with a 9q22.3 microdeletion include the premature fusion of certain bones in the skull (metopic craniosynostosis) and a buildup of fluid in the brain (hydrocephalus). Affected individuals can also have distinctive facial features such as a prominent forehead with vertical skin creases, upward- or downward-slanting eyes, a short nose, and a long space between the nose and upper lip (philtrum).

9q22.3 microdeletions also cause the characteristic features of Gorlin syndrome (also known as nevoid basal cell carcinoma syndrome). This genetic condition affects many areas of the body and increases the risk of developing various cancerous and noncancerous tumors. In people with Gorlin syndrome, the type of cancer diagnosed most often is basal cell carcinoma, which is the most common form of skin cancer. Most people with this condition also develop noncancerous (benign) tumors of the jaw, called keratocystic odontogenic tumors, which can cause facial swelling and tooth displacement. Other types of tumors that occur in some people with Gorlin syndrome include a form of childhood brain cancer called a medulloblastoma and a type of benign tumor called a fibroma that occurs in the heart or in a woman’s ovaries. Other features of Gorlin syndrome include small depressions (pits) in the skin of the palms of the hands and soles of the feet; an unusually large head size (macrocephaly) with a prominent forehead; and skeletal abnormalities involving the spine, ribs, or skull.

Frequency

9q22.3 microdeletion appears to be a rare chromosomal change. About three dozen affected individuals have been reported in the medical literature.
Causes

People with a 9q22.3 microdeletion are missing a sequence of at least 352,000 DNA building blocks (base pairs), also written as 352 kilobases (kb), in the q22.3 region of chromosome 9. This 352-kb segment is known as the minimum critical region because it is the smallest deletion that has been found to cause the signs and symptoms described above. 9q22.3 microdeletions can also be much larger; the largest reported deletion includes 20.5 million base pairs (20.5 Mb). 9q22.3 microdeletion affects one of the two copies of chromosome 9 in each cell.

People with a 9q22.3 microdeletion are missing from two to more than 270 genes on chromosome 9. All known 9q22.3 microdeletions include the \textit{PTCH1} gene. The protein produced from this gene, patched-1, acts as a tumor suppressor, which means it keeps cells from growing and dividing (proliferating) too rapidly or in an uncontrolled way. Researchers believe that many of the features associated with 9q22.3 microdeletions, particularly the signs and symptoms of Gorlin syndrome, result from a loss of the \textit{PTCH1} gene. When this gene is missing, patched-1 is not available to suppress cell proliferation. As a result, cells divide uncontrollably to form the tumors that are characteristic of Gorlin syndrome.

Other signs and symptoms related to 9q22.3 microdeletions probably result from the loss of additional genes in the q22.3 region. Researchers are working to determine which missing genes contribute to the other features associated with the deletion.

Inheritance Pattern

9q22.3 microdeletions are inherited in an autosomal dominant pattern, which means that missing genetic material from one of the two copies of chromosome 9 in each cell is sufficient to cause delayed development, intellectual disability, and the features of Gorlin syndrome.

A 9q22.3 microdeletion most often occurs in people whose parents do not carry the chromosomal change. In these cases, the deletion occurs as a random (de novo) event during the formation of reproductive cells (eggs or sperm) in a parent or in early embryonic development. De novo chromosomal changes occur in people with no history of the disorder in their family.

Less commonly, individuals with a 9q22.3 microdeletion inherit the chromosomal change from an unaffected parent. In these cases, the parent carries a chromosomal rearrangement called a balanced translocation, in which a segment of chromosome 9 has traded places with a segment of another chromosome. No genetic material is gained or lost in a balanced translocation, so these chromosomal changes usually do not cause any health problems. However, translocations can become unbalanced as they are passed to the next generation. People who inherit a 9q22.3 microdeletion receive an unbalanced translocation that deletes genetic material from one copy of the q22.3 region of chromosome 9 in each cell.
Having one missing copy of the \textit{PTCH1} gene in each cell is enough to cause the features of Gorlin syndrome that are present early in life, including macrocephaly and skeletal abnormalities. For basal cell carcinomas and other tumors to develop, a mutation in the other copy of the \textit{PTCH1} gene must also occur in certain cells during the person's lifetime. Most people who are born with one missing copy of the \textit{PTCH1} gene eventually acquire a mutation in the other copy of the gene in some cells and consequently develop various types of tumors.

\textbf{Other Names for This Condition}
- 9q22 deletion syndrome
- 9q22.3 deletion
- microdeletion 9q22.3 syndrome

\textbf{Diagnosis \& Management}

\textbf{Genetic Testing Information}
- What is genetic testing? \\
  /primer/testing/genetictesting
- Genetic Testing Registry: 9q22.3 microdeletion \\
- Genetic Testing Registry: Gorlin syndrome \\

\textbf{Research Studies from ClinicalTrials.gov}
- ClinicalTrials.gov \\
  https://clinicaltrials.gov/ct2/results?cond=%229q22.3+microdeletion%22+OR+%229q22.3+deletion%22+OR+%22Gorlin+syndrome%22

\textbf{Other Diagnosis and Management Resources}
- GeneReview: Nevoid Basal Cell Carcinoma Syndrome \\
  https://www.ncbi.nlm.nih.gov/books/NBK1151
- Gorlin Syndrome Group: Treatment \\
  https://gorlingroup.org/treatment/
- MedlinePlus Encyclopedia: Basal Cell Nevus Syndrome \\
  https://medlineplus.gov/ency/article/001452.htm
Additional Information & Resources

Health Information from MedlinePlus

• Encyclopedia: Basal Cell Nevus Syndrome
  https://medlineplus.gov/ency/article/001452.htm

• Encyclopedia: Craniosynostosis
  https://medlineplus.gov/ency/article/001590.htm

• Encyclopedia: Hydrocephalus
  https://medlineplus.gov/ency/article/001571.htm

• Encyclopedia: Macrosomia
  https://medlineplus.gov/ency/article/002251.htm

• Encyclopedia: Seizures
  https://medlineplus.gov/ency/article/003200.htm

• Health Topic: Developmental Disabilities
  https://medlineplus.gov/developmentaldisabilities.html

• Health Topic: Skin Cancer
  https://medlineplus.gov/skincancer.html

Genetic and Rare Diseases Information Center

• Nevoid basal cell carcinoma syndrome

Additional NIH Resources

• National Human Genome Research Institute: Chromosomal Abnormalities
  https://www.genome.gov/about-genomics/fact-sheets/Chromosome-Abnormalities-Fact-Sheet

Educational Resources

• Centers for Disease Control and Prevention: Intellectual Disability

• MalaCards: 9q22.3 microdeletion
  https://www.malacards.org/card/9q223_microdeletion

• March of Dimes: Chromosomal Conditions
  https://www.marchofdimes.org/baby/chromosomal-conditions.aspx

• Merck Manual Home Health Handbook: Basal Cell Carcinoma
  https://www.merckmanuals.com/home/skin-disorders/skin-cancers/basal-cell-carcinoma

• Orphanet: Monosomy 9q22.3
  https://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=77301
Patient Support and Advocacy Resources

- Chromosome Disorder Outreach
  https://chromodisorder.org/

- Gorlin Syndrome Alliance
  https://gorlinsyndrome.org/

- Gorlin Syndrome Group
  https://gorlingroup.org/

- National Organization for Rare Disorders (NORD): Nevoid Basal Cell Carcinoma Syndrome
  https://rarediseases.org/rare-diseases/nevoid-basal-cell-carcinoma-syndrome/

- Unique: Rare Chromosome Disorder Support Group (UK)
  https://www.rarechromo.org/

Clinical Information from GeneReviews

- Nevoid Basal Cell Carcinoma Syndrome
  https://www.ncbi.nlm.nih.gov/books/NBK1151

Scientific Articles on PubMed

- PubMed
  https://www.ncbi.nlm.nih.gov/pubmed?term=%289q22.3%5BTIAB%5D%29+AND+%28%28deletion%5BTIAB%5D%29+OR+%28microdeletion%5BTIAB%5D%29+AND+english%5Bla%5D+AND+human%5Bmh%5D

Catalog of Genes and Diseases from OMIM

- BASAL CELL NEVUS SYNDROME
  http://omim.org/entry/109400

Medical Genetics Database from MedGen

- 9q22.3 microdeletion

Sources for This Summary

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/20301330

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/22190277
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  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/19320658

  Citation on PubMed: https://www.ncbi.nlm.nih.gov/pubmed/19243411

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